# PANUI NEWSLETTER





- School photos 13th Mar
- Year 11 OED trips 19th-21st Mar
- South Waikato and King Country swimming champs 21st Mar

**Attendance rate 87%** 

## School photos - next week!

A reminder that School Photos are happening next Thursday 13th March.

These photos are important as they are used for Student ID cards as well. No money is needed on the day, as all orders and payments are done online. Sorry, sibling photos are no longer done by the photographers.

Please contact Student Services if you have any questions.

#### PRINCIPAL'S MESSAGE

Kia ora koutou katoa. The end of week 5 highlights what a difference a week can make....welcome into autumn! Our campers in Raglan got to feel the first chill breeze and cold nights of the year but enjoyed the stunning days that this time of year brings. I was lucky enough to go and see the team out on site and what a delight it was to see our newest students getting some terriffic role modeling from our great year 13s. Ka mau te wehi! Read on for some more details. Next week sees our staff role modelling in the Hauora space, engaging in some physical and mental wellbeing activities as part of a staff hauora week so if you see them out and about say hi. Kicking this off in this weeks Panui, we have included a couple of simple lil Hauora based activities for you to complete. This mindfulness focus really can make a difference when used consistently. Go on....give it a go! lastly, with the change in weather brings the inevitable derivations from our school uniform. Please help us in this regard by ensuring your child has the correct uniform to wear. Have a great weekend and go the Chiefs....(it has worked so far!!)

### STUDENTS OF THE WEEK







**Anahera Brooks -** Nominated by Mr Moore excellence in art **Eva Smith -** Nominated by Mrs Argent Always completing her work in Science to a high standard!

**Corey Grattan -** Nominated by Mrs Spencer For ensuring our digital resources are ready for use when required. Thanks heaps.













## Year 7 Camp in Raglan: A Week of Adventure and Friendship

This week, our Year 7 students embarked on an unforgettable camp in Raglan, packed with activities and fun. From the moment they arrived, the excitement levels were high and they jumped straight into a scavenger hunt. That afternoon they participated in ki o rahi, T ball, volleyball, touch and tic tac toe games, run by the awesome Year 13 leaders, before cooling off in the sea.

Students took part in a range of challenges, including raft building, stand-up paddleboarding, and classic beach games. Fishing off the wharf tested their patience and skill, while sandcastle building brought out their creativity. A highlight for many was jumping off the footbridge—a thrilling experience that tested their courage and ability to challenge themselves by choice!

Beyond the activities, the camp was an opportunity for students to build confidence, step outside their comfort zones, and forge new friendships. Whether cheering each other on or working together to construct the perfect raft, the growing and strengthening of connections was strong.

A huge thank you to the Year 13 leaders, teachers, and staff who made this camp possible. It was a fantastic way for our Year 7s to start their journey at Putaruru College, and we can't wait to see how these new friendships and skills grow throughout the year!



# TAKE 5 MINUTES TODAY TO RELFECT

inish the sentences below



Something good that happened to me today was	Something positive someone said about me
A compliment that I would give myself today is	I made someone else feel good when
Something I can do to make tomorrow a better day is	Something I am grateful for is













#### **TRY THIS**

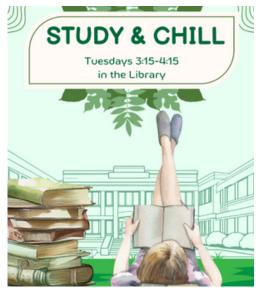
# MINDFULNESS ACTIVITY



- Breathe in, counting in your head for 5 seconds. Think about 5 things you can hear. Breathe out.
- Breathe in, counting in your head for 5 seconds. Think about 5 things you can see. Breathe out.
- Breathe in, counting in your head for 5 seconds. Think about 5 things you can smell. Breathe out.

**HOW DO YOU FEEL NOW?** 





# Just a reminder that wearing a helmet is cool!

Bike helmets are the law and the expectation is: you wear one when you ride to school.

No helmet, no ride!



#### PC Comets Touch team

Last Friday concluded the local senior touch rugby competition at the Nola block. Putāruru College entered a team, and we won the division C title, Yay us!!! Whoop whoop.

It was the first time for a number of years that the College has put a team into this competition. The Comets were a mixture of teachers and students. Youth energy and speed certainly helped achieve our win.

The team was Orion Marsh, Jahzaiah Strange, Jayden Cole, Ty Ward, Kyrone Priestly, Chryzlin Taylor, Lukas Rapson-Jones and Matthew Rogers. Teachers were Rob Rogers, Hamish Steven, Dendrum Ogle, Jan Duthie and Rodney Vercoe. It was such a great experience for the boys to play in this competition and they certainly learnt more about the rules of Touch Rugby than they knew about at the beginning of the season.

Hopefully, next season we will have much more interest from college students and potentially other staff. An aspirational goal will be to have multiple teams playing up town in what is a pretty cool competition.

Well done boys and teachers!



# **Art Department**

















#### Welcome to the Arts department!

We are a team of 2: Mr Harley Moore and Linda Nicholson

Learning through The Arts enriches the experience of studying while at school as well as preparing students for life after school.

- Arts subjects encourage self-expression and creativity and can build confidence as well as a sense of individual identity and ptromotes cultural understanding.
- Creativity can also help with wellbeing and improving health and happiness many students say Arts lessons acts as an outlet for releasing the pressures of studying as well as those of everyday life.
- Studying arts subjects also help to develop critical thinking and the ability to interpret the world around us as well as building resilience.







Mr Moore

Ms Nicholson

## **ATT: Muriwai Camp students**

Please meet at the front office in the staff car park at 10:45am for an 11am departure on Sunday 9th March. Arriving back at the college by approximately 3pm Tues 11th March.

#### Gear list:

- Students will want a variety of clothing as it is likely the weather will be variable, especially as
  it is getting cooler overnight. Thermals, shorts, t-shirts, trackpants, warm jumper, rain jacket,
  swimwear, towels (both beach and for camp) jandals, good walking shoes, socks,
  underpants, torch (a torch on a phone is fine)
- Insect repellent, sunscreen, hat, personal toiletries, soap
- sleeping bag, under sheet, pillow
- Students WILL need to bring a plate, bowl, cup plastic is fine (This is due to being a party of 60 and the camp having limited quantities. Please bring a drink bottle, lunch box and a tea towel. Students should expect to help with dishes.
- Pens, pencils, students are permitted to bring smartphones as they may have useful apps to collect data, chargers, cameras, etc.
- Money for lunch at Bombay Services on Sunday and Tuesday
- Home baking/ cake/ biscuits/ slices to share for supper and Monday's lunch. This will be
  collected on Sunday before we depart. Students are welcome to bring additional snacks, but
  they are responsible for any rubbish.

Any issues Mrs Curphey's number is 0273022479 and Linda Nicholson's is 0212046345.







## Celebrating International Women's Day

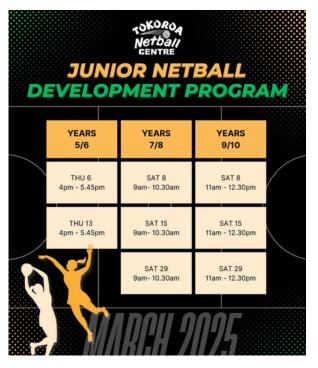
Hot off the press! Just this morning, 24 wāhine and Whaea Kate bussed to Tokoroa Events Centre to attend an International Women's Day event organised by the South Waikato District Council. And wow, what a treat of a morning it was!

The opening speaker Cara Fatafehi Ryan spoke so passionately about Te Reo Māori, and our table speakers each shared their stories, personal and professional. Rutendo Shadaya stunned us with her incredible achievements and messages of determination and perseverance. Lastly but certainly not least, Juliet Peterson, from Warner Bros Discovery, warmed us with her kōrero about the importance and power of balance.

A quote we all agreed was a special take away: Rejection is re-direction. Thank you to the organising team for their beautiful kai and organisation. We look forward to next year.



#### **COMMUNITY NOTICES**





The Tokoroa Netball Centre is delivering a few netball workshops, focusing on the fundamental skills of Netball.

These will be held at the South Waikato Events Centre. There will also be a one off fee of \$10.00.

Please let your tamariki and their whaanau know and feel free to share this advertisement onto your social media platforms.



# Lleyton and Jordan Ward have been selected to represent NZ!

Ace Fighters have put together a garage sale to help Fundraise to get both the boys to Thailand to compete in the World Muay Thai Champs!

If you have any thing to offer that we can sell in our stall, please get in touch now to donate.

Please get in touch with Ace Fighters!

#### **CONTACT US**

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