WEEK SEVEN TERM 3 2023

PĀNUI NEWSLETTER



HIGHLIGHTS THIS WEEK

- Week 7 Attendance
- 77%
- Subject selection night.

Kia ora koutou katoa!

And so the term keeps on racing past! The first day of spring has reminded us that when the sun is out and shining everything is a lil bit easier!! With the exams only a weekend away our seniors only have a couple of days to improve their exam readiness. Spring also heralds the ending of two winter sports. The Ul8 rugby team were pipped at the post losing their final 13-8 to Te kuiti but can be very proud of the manner in which they played and carried themselves all season. Hockey has also finished their winter season. The team finishing 8th (which is the best that they have ever done) at the winter tournament so full credit to them and their coaches! On a more dour note, some recent events in and around school serve as a timely reminder that our students need to keep themselves safe at all times by staying in class during school hours and putting their hands up when they need help. You can help in this regard by reminding your child about being where they are meant to be during the school day.

Practice Exams ready to go...

Lastly, as always, spring is not an excuse for non uniform items to be worn to school. Have a great weekend... **KEY DATES**

Week 8
 Senior exams ALL WEEK
 AIMS Games - ALL WEEK

Week 9
Te wiki o te reo Māori
Whanau Roopu hui (Monday)
MCAT Exam (Tuesday)
Transition Roadshow (Friday)

• Week 10 Last week of term 3

Mental Health Awareness Week



Harakeke fun in Al What a way to spend the first day of spring! Learning the art of flax weaving.

With Ms Hawkes supervising, our students and staff were challenged to create Putiputi, placemats or baskets. This was followed up by a boil up celebration boil off between two self proclaimed experts on staff. Needless to say everyone was kept happy!! Bring on summer!!!







STUDENT OF THE WEEK

Juniors: Alana Chunder, nominated By Ms Matchitt for great work on her writing.

Middles: Callie Meads, nominated by Mrs Hunter for choosing kindness and including members of her class in group work.

Seniors: Maungaatai Keene-Thompson, nominated by Ms Last for their support at Subject Seelction Evening - always putting her hand up, not out!

NCEA Practice Exams

The hall is set, the students are prepped, the papers are printed and ready to go!

Next week, senior students have a chance to practice their exam skills and show their best efforts. These practice exams will be conducted in full exam conditions and can also be used as derived grades by NZQA.

Students must not bring phones, ear buds/ earphones or smart watches into the exam space.





Learning matters!

Kia ora e te whānau,

Kura in the Putāruru area including Putāruru College, Lichfield, Putāruru and Te Waotu Primary Schools are working together to grow successful learners and strengthen our learning community. Please look out for a survey link that invites you to complete a brief 5 question survey. Your response will inform our teachers on how to best engage and educate your child/ren.

Y13 Craftsmanship

Check out the impressive craftsmanship of Jake Mathis and Orlahndo Gilchrist, Year 13 students. Outstanding and beautiful outside table made in Woodwork, assignment worth 14 credits.





Getting ready for the phone ban in Term 4

Do smartphones in school affect educational performance?

There are several views on smartphones in schools. Some believe the smartphone is a portable learning device offering educational opportunities, particularly for lower socioeconomic groups for whom it may be the students only device. Others believe phones are a source of constant distraction in schools. Educational expert Dr Pasi Sahlberg believes that smartphones are the main reason for NZ and Australia slipping down the PISA ratings, particularly in reading, science, and maths.

Evidence seems to back this up, with research showing that **removing smartphones from school increases performance by 6.4%, or by 14% in more disadvantaged students,** (Beland & Murphy, 2015). Swedish experts have said that banning smartphones in schools is 'as obvious as banning smoking.'

Material sourced from sensiblescreenuse.org



HPV Second Dose

The Public Health Nurse will be at school on 31st October 2023 at 9am to provide a second dose of the HPV immunisation for the Y8 students whose parents/ caregivers consented earlier in the year. If your child is absent there will be a catch up planned within three weeks.

If parents have any queries or changes please contact Te Rina Ormond PHN. **Mobile**: 021 227 5388 **Email**: TeRina.Ormond@waikatodhb.health.nz



Outdoor Education - Mountain Biking

Check out our outdoor ed classes, mountain biking along the Waikato River on August 30th and 31st, 2023. Students enjoyed the fantastic spring weather as they rode through trails, learnt new skills, and connected with nature. Students will now prep for the next trip in week 10 to the Redwoods in Rotorua and Cougar Park in Tokoroa.



2024 SUBJECT SELECTION EVENING



It was fantastic to see so many students and their whānau last night, getting informed and making selections for their 2024 classes.

The library was the perfect space for us to showcase the opportunities available to seniors, with displays from all learning areas and staff on hand to guide students with their choices.

Also present, was a representative from Toi Ohomai, on hand to give information to students and their whānau about the courses on offer in more practical and trades based pathways.

We also have access to Kōtui Ako, an online, video conferencing/ virtual learning platform. This gives students the chance to study subjects that we can not offer in a small school like psychology, accouting, legal studies and more!

Students are making their initial selection of courses for 2024. This is not locked in until we have created a timetable with as few clashes as possible. Students will have a chance again in Term 4 to make selections if clashes or other issues come up.







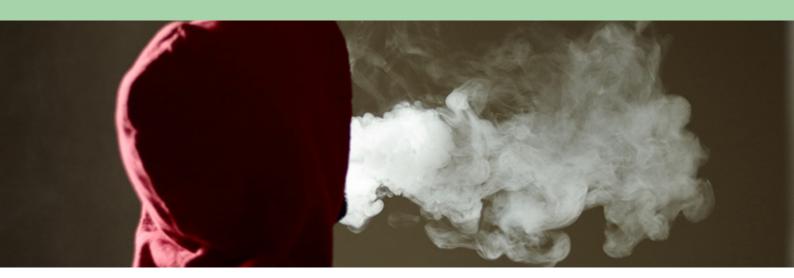
The 5th Annual Cambridge Schools Cross.

It's a trail ride race. Follow the arrows round and round the 10km track for as many laps as you can do before the chequered flag comes out at 1.5 hours.

This event caters to all - beginners and experts - farm kids to trail riders to motocross kids!

Individual placings and points will be collated to give your School an overall placing as well.





Vaping in classrooms

We know it is happening. It's not cool. It's not allowed. It's actually illegal. If you know or suspect your child vapes... here are some common Qs (by teens) given As (by doctors):

<u>Q: Are vapes safe?</u>

A: No. There is a serious lack of regulation for vaping. So, you may never be sure if vape parts are safely made, or what ingredients are included in the vape juice.

<u>Q: Is vaping better for you than marijuana or cigarettes?</u>

A: There is not enough research about vaping's long-term health effects yet to know for sure. In NZ, cigarette smoking causes more than 5000 deaths. People don't typically die from smoking marijuana, but it does negatively affect the brain chemistry and lifestyles of teens. Vaping may not be as harmful as smoking cigarettes or marijuana, but it still does carry risks – and scientists will be studying how much harm it really does cause for years to come.

<u>Q: Is there a healthy vape?</u>

A: No. Vape manufacturers are putting all kinds of different vitamins and ingredients in vapes to try to call them healthy. The truth is that lungs were never meant to deliver anything besides air to our bodies. With vapes, the lungs must adapt to the chemicals that people are putting into them, which can cause short term, or even permanent, lung damage.

<u>Q: Is taking one puff of a vape OK and healthy for you?</u>

A: It's natural to be curious, but again, it's important to consider the health and safety concerns of vaping and its addictive potential.

<u>Q: Can your lungs heal from vaping?</u>

A: Yes and no. Unfortunately, once someone begins to develop a vaping related lung injury, their lungs won't heal right away and may never fully recover. It's all about prevention — to keep your lungs healthy, you should avoid inhaling chemicals that are found in vapes.

Material sourced from kidshealth.org.nz and choc.org

CONTACT US

Facebook Email Website www.putarurucollege.school.nz **Office hours** 8am - 4.30pm

Phone 07 883 8323



STUDENT'S PERSPECTIVE





Spring in their steps....Following a PLD on numeracy Mr Berkers was excited to show our year 7 & 8 students the movement art of line dancing!

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